



Free ImPACT Baseline Testing for Athletes

Immediate Post-Concussion Assessment and Cognitive Testing (ImPACT) is a computerized test battery that measures cognitive skills including memory, processing speed, and reaction time. ImPACT is the first and remains the only FDA-approved tool specifically designed to help guide concussion management. Baseline ImPACT testing is completed *before* an athlete is injured, allowing the qualified healthcare provider to compare pre- and post-injury performance. This objective, individualized assessment is used to guide temporary academic accommodations as well as final clearance following concussion. Baseline ImPACT testing should be completed every 1-2 years.

FREE ImPACT baseline testing is available at Dell Children's TBI/Concussion Clinic.

Who is eligible?

Athletes between the age of 12 through 18 are eligible for free baseline testing. Athletes under 18 years must be accompanied by a parent or guardian.

How long does the test take?

The test takes between 30 and 45 minutes.

Where is baseline testing done?

Dell Children's Specialty Pavilion
4910 Mueller Blvd. Suite 300 (3rd floor), Austin, TX 78723

How do I sign up?

Scan the QR code below. Our Athletic Trainer, Diana Salter will call to confirm your test date/time and answer any questions.



Recommendations prior to testing:

Athletes should not work out or engage in sports activities for 2 hours prior to testing.
Prioritize a good night sleep and a healthy breakfast or lunch prior to testing.